



4-Star Quality of Life Metros

Metro Areas are listed in alphabetical order)

Akron, Ohio MSA
Allentown-Bethlehem-Easton, Pa.-N.J.
Altoona, Pa.MSA
Amarillo, Texas MSA
Asheville, N.C. MSA
Auburn-Opelika, Ala. MSA
Bangor, Maine MSA
Bellingham, Wash. MSA
Bend, Ore. MSA
Birmingham-Hoover, Ala. MSA
Bloomington, Ind. MSA
Boulder, Colo. MSA
Bowling Green, Ky. MSA
Bridgeport-Stamford-Norwalk, Conn. MSA
Bristol, Va. MSA
Buffalo-Cheektowaga-Tonawanda, N.Y. MSA
Casper, Wyo. MSA
Charleston, W.Va. MSA
Cincinnati-Middletown, Ohio-Ky.-Ind. MSA
Colorado Springs, Colo. MSA
Columbus, Ohio MSA
Cumberland, Md.-W.Va. MSA
Dayton, Ohio MSA
Eugene-Springfield, Ore. MSA
Evansville, Ind.-Ky. MSA
Fairbanks, Alaska MSA
Flagstaff, Ariz. MSA
Fond du Lac, Wis. MSA
Fort Walton Beach-Crestview-Destin, Fla. MSA
Fort Wayne, Ind. MSA
Gainesville, Fla. MSA
Grand Rapids-Wyoming, Mich. MSA
Hartford-West Hartford-East Hartford, Conn.
Holland-Grand Haven, Mich. MSA
Huntington-Ashland, W.Va.-Ky.-Ohio MSA
Idaho Falls, Idaho MSA

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Johnson City, Tenn. MSA
Jonesboro, Ark. MSA
Kansas City, Mo.-Kan. MSA
Killeen-Temple-Fort Hood, Texas MSA
Knoxville, Tenn. MSA
Lancaster, Pa. MSA
Lansing-East Lansing, Mich. MSA
Las Cruces, N.M. MSA
Lewiston, Idaho-Wash. MSA
Louisville, Ky.-Ind. MSA
Lynchburg, Va. MSA
Manchester-Nashua, N.H. MSA
Milwaukee-Waukesha-West Allis, Wis. MSA
Oklahoma City, Okla. MSA
Parkersburg-Marietta, W.Va.-Ohio MSA
Pittsfield, Mass. MSA
Pocatello, Idaho MSA
Portland-South Portland, Maine MSA
Portland-Vancouver-Beaverton, Ore.-Wash. MSA
Provo-Orem, Utah MSA
Richmond, Va. MSA
Roanoke, Va. MSA
Santa Barbara-Santa Maria-Goleta, Calif. MSA
Scranton-Wilkes Barre, Pa. MSA
Seattle-Tacoma-Bellevue, Wash. MSA
Spokane, Wash. MSA
Springfield, Ill. MSA
St. Cloud, Minn. MSA
St. Joseph, Mo.-Kan. MSA
St. Louis, Mo.-Ill. MSA
Tallahassee, Fla. MSA
Topeka, Kan. MSA
Tulsa, Okla. MSA
Virginia Beach-Norfolk-Newport News, Va.-N.C. MSA
Washington-Arlington-Alexandria, D.C.-Md.-Va.-
W.Va. MSA
Wichita Falls, Texas MSA

SOURCE: 2007 Quality of Life Quotient, *Expansion Management*